HAMDEN HALL COUNTRY DAY SCHOOL

LIABILITY RELEASE AND INDEMNIFICATION FORM

I, the undersigned participant and parent, request voluntary participation for minor to participate in all events, which are hereinafter referred to as the "activities." sponsored by The Hamden Hall School, Inc. (the School), The Hamden Hall Aquatic Club (HHAC), and USA Swimming and its local swimming committees. This agreement is valid while the participant is a member of USA Swimming.

I consent to my/minor's participation in the activities and acknowledge that the minor and I fully understand my/minor's participation may involve risk of serious injury or death, including losses which may result not only from my/minor's own actions, inactions or negligence, but also from the actions, inactions, or negligence of others, the condition of the facilities, equipment, or areas where the event or activity is being conducted, and/or the rules of play of this type of event or activity. I understand that if I have any risk concerns, I should discuss the risks associated with my participation with the activity coordinators and event staff, before I sign this document and before any activities begins.

Release - Minor's Rights:

In consideration of allowing Minor Participant to participate in the activities, I hereby release and hold harmless the School, HHAC, USA Swimming and its local swimming committee and their members of its board of directors, officers, employees, volunteers, other participants, and agents (collectively, the "Released Parties"), of and from, and do discharge and waive, any and all claims, demands, losses, damages, and liabilities that Minor Participant may have or sustain with respect to any and all damage and/or injury, of any type, arising out of his or her participating in the activities. I also agree that if any portion of this agreement is held to be invalid the balance, notwithstanding, shall continue in full force and effect.

(Print name of minor)	(Signature of minor)	(Date)
Release – Parents'/Guardians' Righ	nts:	
release and hold harmless the Relectaims, demands, losses, damages, damage and/or injury, of any type,	Participant to participate in this US eased Parties, of and from, and do dand liabilities that I may have or sustaining from Minor Participant's pareement is held to be invalid the bal	lischarge and waive, any and all estain with respect to any and al erticipation in the activities. I als
Print name of Parent/Guardian)	Signature of Parent/Guardian)	(Date)

I certify that my/minor is in good health and have no physical condition that would prevent participation in this activity. Furthermore, I agree to use my/minor's personal medical insurance as a primary medical coverage payment if accident or injury occurs. I consent to emergency medical treatment in the event such care is required.

EXCELLENCE • SUPPORT • PARTICIPATION • ACCOUNTABILITY • RESPECT

(Print name of Parent/Guardian)	(Signature of Parent/Guardian)	(Date)
Indemnification by Parent/Guardian:		
Parties from any and all claims, dema otherwise with respect to any damag participation in the activities. The und Assumption of Risk and Indemnity Ag intended to be as broad and inclusive	rther agrees to indemnify, save and holends, losses, damages and liabilities for ge and/or injury, of any type, arising from dersigned also agrees that this Release greement extends to all acts of negliger eas is permitted by the laws of the Station thereof is held invalid, it is agreed the force and effect.	indemnities, contribution or om Minor Participant's and Waiver of Liability, nce by the Releasee and is te in which the Event(s)
(Print name of Parent/Guardian)	(Signature of Parent/Guardian)	(Date)